

My Mental Health Matters I Keep Positive With...

A video competition sponsored by FSA Prevent Child Abuse of Howard County

Contest Information

High school and middle school students are asked to prepare a short video which will dramatize the influences in their life which help promote positive mental health.

Students can choose the video format that best communicates the message including short feature, music video, animation, public service announcement, news report, etc. The video should be one minute or less.

Who Can Apply?

All students attending high school and middle school in Howard County are eligible.

Entries can be single or group entries but groups cannot exceed three members.

Winning Videos

The following prizes will be awarded: 1st place \$200 2nd place \$100 3rd place \$50. All finalists will be notified. The top three finalists will be announced and selected videos will be shared at the Prevent Child Abuse Annual Conference during April 2021. The teacher sponsoring the winning video will receive \$200 to use in the classroom.

Contest Guidelines

- Videos should address the power of positive mental health and should include appropriate, positive messages.
- Videos should be one minute or less
- Videos should be submitted on DVD or emailed to: barbhilton@fsahc.org
- DVD should be clearly marked with the name(s) of the producer(s).
- An official copy of the contest entry form must be attached to the DVD or entry email
- A talent release form must be completed by any person appearing or speaking in the video and must also be signed by a parent if the talent is under 18 years of age. The form(s) should also be submitted with the DVD entry.
- Videos should include the tag line: "This message sponsored by FSA Prevent Child Abuse of Howard County"
- Videos, entry forms, and talent release forms must be submitted by email (barbhilton@fsahc.org) or delivered to the Family Service Association, 618 South Main Street, Kokomo, IN 46901 (Attn: Barb Hilton) by 5 pm Wed., Mar. 12, 2021.



Additional copies of entry forms are available at:

<http://fsahc.org/programs/prevent+child+abuse+howard+county/5#contest>