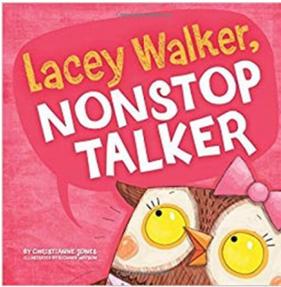


# HERO'S Story Time: Helping Every Child Reach Optimum Success

HERO'S Story Time shares stories that have a focus on one of the 40 Developmental Assets. The Developmental Assets® are 40 research-based, positive experiences and qualities that influence young people's development, helping them become caring, responsible, and productive adults. We call these assets "Superpowers."

## SUPERPOWER



**INTERPERSONAL SKILLS:** The social competency of learning how to interact with adults and peers when communicating.

How does everyone communicate at home? Does everyone interrupt one another? Or do people take the time to actively listen to each other? Children learn their own form of normal by watching the adults around them. We can be observant of our own tendency to talk a lot. As children practice being respectful of others, make sure you are respectful of them when it comes to talking over them or interrupting.

The goal for this book and page is for your child to work on communication and turn taking as part of learning to interact with others, as he or she works on skills towards mastering the Interpersonal Skills asset. Simply follow the steps to support your child's growth.

**1** Read the book (check your local library for availability) or watch the video at: <https://youtu.be/GynGu6uWofE>.

**2** Talk with your child throughout the story to promote understanding and learning. Here are some questions you could ask and discuss based on your child's abilities. Let your child ask questions during the reading, too.

- What do the adults in the story tell Lacey to do instead of talking?
- What is good about talking?
- What is good about listening?
- What is good about taking turns?
- What can listening help us learn?
- How can we be polite and kind with our talking?

**3** How you can teach interpersonal skills.

- **Promote Sharing and Conversation:** Use a talking piece to promote sharing. Hold a family meeting, ask a question and pass the talking piece around to let each person have a turn talking to respond to the question.
- **Be Attentive:** Go on a slow, outdoor meditation walk. Practice being quiet and listening. Have children identify what they notice about each other or the environment.
- **Support Communication:** *Engage* your child in conversation to help them learn how to talk only when it is their turn. *Listen* patiently to your child and give them eye contact. Speak when they are finished. *Teach* them how to wait for their turn by practicing taking turns with them. This [video](#) from Sesame Street shares ways children can wait. *Acknowledge and encourage* them for remembering good manners to reinforce the habit.
- **Practice Turn Taking:** play simple board or card games together, follow the leader, have conversations, etc.

Supplemental Resources

[Teach Your Child to Take Turns](#)

[The Three T's of Communication with Your Child](#)

[Search Institute](#)

Supplemental Readings

"Mary Wrightly So Politely" by Ali Pye

"Be Polite and Kind (Learning to Get Along®)" by Cheri Meiners

HERO'S STORY TIME is a collaboration of